

Jake at Gymnastics

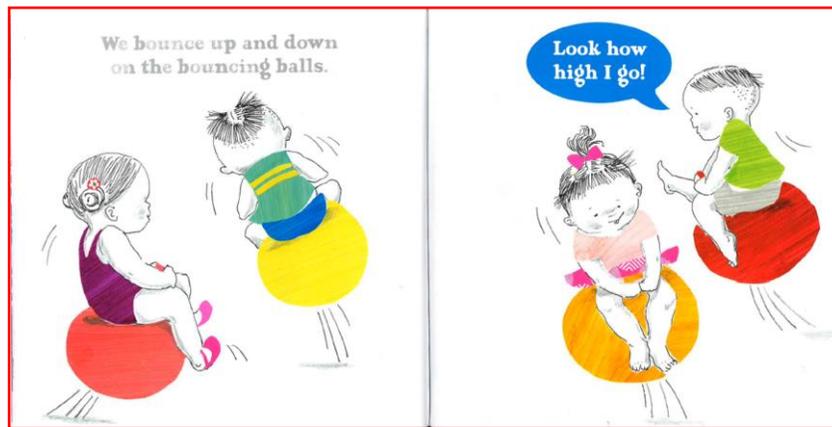
By: Rachel Isadora

Children need to hear and say lots of words before entering Kindergarten.

Helping your child develop a routine in their daily schedule will help with their narrative skills and vocabulary.

C.A.R. is simple conversation/story starter you can use with your child to help them tell the story.

Below is an example of how to use C.A.R. with your Imagination Library book, “Jake at Gymnastics.”



<p>C- Comment and Wait (count to 5) * Make a comment about with you see on the page.</p>	<p>Adult: It looks like they boys and girls are having fun bouncing on the colorful balls!</p> <p>Child: Points to the children bouncing.</p>
<p>A- Ask questions and Wait (count to 5) * Ask questions that do not have a 'yes' or 'no' or one word answer to them.</p>	<p>Adult: Which color is your favorite?</p> <p>Child: The yellow one!</p>
<p>R- Respond by adding a little more to the child's response.</p>	<p>Adult: That yellow one is really bright! That looks like a lot of fun! It would be fun to bounce on a ball like that!</p>



C.A.R. is taken from the Language is the Key Curriculum written by Washington Learning Systems.

Related Activities

- Visit a gymnastics gym just like the one in the book. Many places will offer a free introductory class so your child can experience the balance beam or the trampoline.
- Make some of the props from the book at home. Layout a wooden board or a string and have children walk across the “balance beam.” Find a soft place and practice doing somersaults.
- Visit a park on a sunny day and see how long you can hang from the monkey bars.
- Practice the stretches in the book and act out your favorite animals with sounds and motions.

Reading Tips

- **Jake at Gymnastics has fantastic action words.** As you read the story with your child, act out some of the text of the story. For example, use arm movements to demonstrate how you “spread your wings and fly out the door” or how you do a somersault.
- **Read the book with emotion.** Read this story with a fun and excited tone.
- **Talk about your favorite gymnastics activities.** See which ones you can act out with things around the house.

Song: If You're Happy and You Know It

Verse 1:

If you're happy and you know it,
clap your hands (clap clap)
If you're happy and you know it,
clap your hands (clap clap)
If you're happy and you know it,
then your face will surely show it
If you're happy and you know it,
clap your hands. (clap clap)

Verse 2:

Repeat with: “Stomp your feet” (stomp stomp)

Verse 3:

Repeat with: “Shout hooray!” (hoo-ray!)

If you're happy and you know it,
do all three (clap-clap, stomp-stomp, hoo-ray!)
If you're happy and you know it,
do all three (clap-clap, stomp-stomp, hoo-ray!)
If you're happy and you know it,
then your face will surely show it
If you're happy and you know it,
do all three. (clap-clap, stomp-stomp, hoo-ray!)

Related books you can check out at your local library



Bea at Ballet

By: Rachel Isadora

D.W Flips

By: Marc Brown

Angelina and Alice

By: Katharine Holabird

Giraffes Can't Dance

By: Giles Andreae

